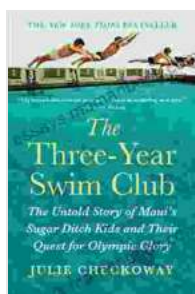


# The Three Year Swim Club: A Journey of Courage, Perseverance, and Triumph

The Three Year Swim Club is a non-profit organization that provides free swim lessons to children from underserved communities. The club has been operating for over 20 years and has helped thousands of children learn to swim. The club's mission is to prevent drowning and promote water safety.



## The Three-Year Swim Club: The Untold Story of Maui's Sugar Ditch Kids and Their Quest for Olympic Glory

by Julie Checkoway

★★★★☆ 4.4 out of 5

Language : English  
File size : 3513 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Word Wise : Enabled  
Print length : 418 pages



## The Importance of Water Safety

Drowning is a leading cause of death for children in the United States. In 2020, there were over 3,500 fatal drowning incidents involving children under the age of 18. Children from underserved communities are at an even greater risk of drowning. A study by the Centers for Disease Control

and Prevention (CDC) found that black children are 5.5 times more likely to drown than white children.

There are a number of factors that contribute to the high drowning rate among children from underserved communities. These factors include:

- Lack of access to swimming pools and beaches
- Lack of swimming instruction
- Poverty
- Racism

The Three Year Swim Club is working to address these factors by providing free swim lessons to children from underserved communities. The club's lessons are taught by certified swim instructors and are designed to teach children the basic skills they need to stay safe in the water.

### **The Three Year Swim Club's Impact**

The Three Year Swim Club has had a significant impact on the lives of the children it serves. A study by the University of North Carolina found that children who participated in the club's swim lessons were 80% less likely to drown. The study also found that the club's lessons improved children's physical and mental health.

In addition to teaching children how to swim, the Three Year Swim Club also provides them with a sense of community and belonging. The club's staff and volunteers are committed to creating a positive and supportive environment for the children they serve. The club also provides children

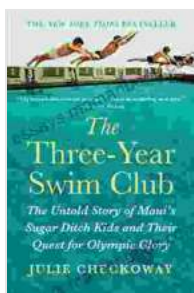
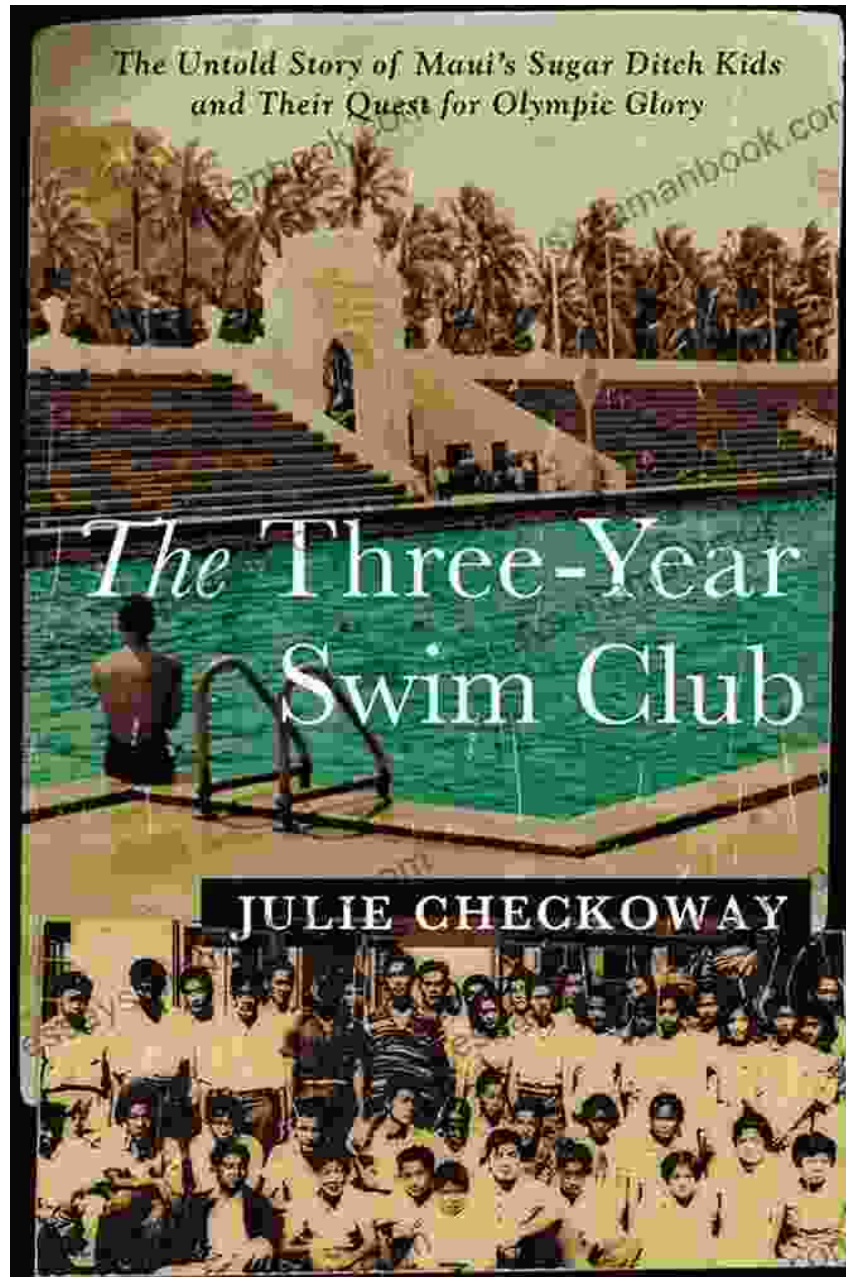
with opportunities to participate in other activities, such as field trips and social events.

The Three Year Swim Club is a vital resource for the children it serves. The club's lessons are helping to prevent drowning and promote water safety in underserved communities. The club is also providing children with a sense of community and belonging. The club's impact is truly immeasurable.

## **How to Get Involved**

There are a number of ways to get involved with the Three Year Swim Club. You can donate money, volunteer your time, or spread the word about the club's mission. To learn more about the club, visit the club's website at [www.threeyearswimclub.org](http://www.threeyearswimclub.org).

The Three Year Swim Club is a remarkable organization that is making a real difference in the lives of children from underserved communities. The club's lessons are helping to prevent drowning and promote water safety. The club is also providing children with a sense of community and belonging. The Three Year Swim Club is a true inspiration.



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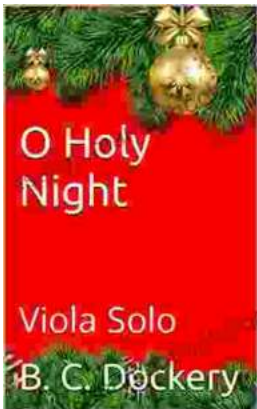
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