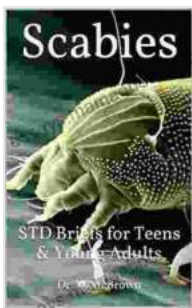


Everything You Need to Know About Scabies: A Comprehensive Guide for Teens and Young Adults

What is Scabies?

Scabies is a common skin infection caused by tiny mites that burrow under the skin. These mites, known as *Sarcoptes scabiei*, are so small that they can't be seen with the naked eye. They lay their eggs in burrows under the skin, which causes intense itching, rash, and discomfort.



Scabies: STD Briefs for Teens & Young Adults

by Waln K. Brown

★★★★☆ 4 out of 5

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Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 5 pages
Lending : Enabled



How is Scabies Spread?

Scabies is spread through close skin-to-skin contact with someone who is infected. This can happen during sexual activity, sharing clothes or bedding, or even just holding hands. Scabies can also be spread indirectly

through contact with contaminated objects, such as towels, sheets, or furniture.

Symptoms of Scabies

The most common symptom of scabies is intense itching, which is often worse at night. The itching can be so severe that it can lead to skin irritation, sores, and even infection. Other symptoms of scabies include:

- * A rash of small, red bumps or blisters
- * Lines or tracks on the skin, which are caused by the mites burrowing
- * Sores or scabs from scratching
- * Swollen lymph nodes

Treatment for Scabies

Scabies is treated with topical medications that kill the mites and their eggs. These medications are usually applied to the entire body, from the neck down. In some cases, oral medications may also be prescribed.

It is important to follow the treatment instructions carefully and to complete the full course of treatment, even if the symptoms have gone away. This will help to prevent the scabies from coming back.

Preventing Scabies

The best way to prevent scabies is to avoid close skin-to-skin contact with someone who is infected. If you do come into contact with someone who has scabies, wash your hands thoroughly with soap and water. You should also avoid sharing clothes, bedding, or other personal items with someone who is infected.

If you think you may have scabies, it is important to see a doctor right away. Early diagnosis and treatment can help to prevent the infection from spreading and becoming more severe.

Additional Information for Teens and Young Adults

Scabies can be a particularly embarrassing infection for teens and young adults. It is important to remember that scabies is not a sign of poor hygiene. Anyone can get scabies, regardless of their age or lifestyle.

If you are diagnosed with scabies, it is important to talk to your doctor about any concerns or questions you may have. They can provide you with the information and support you need to get through this infection.

Here are some additional tips for teens and young adults who are dealing with scabies:

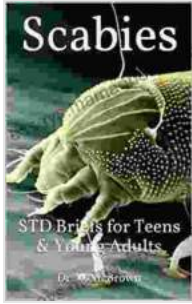
* Be honest with your friends and family about your infection. This will help to prevent the infection from spreading. * Avoid scratching the rash. This can lead to skin irritation, sores, and infection. * Keep your skin clean and dry. This will help to prevent the infection from getting worse. * Get plenty of rest. This will help your body to fight off the infection. * Eat a healthy diet. This will help your body to stay strong and healthy.

With proper treatment and care, scabies can be cured. By following these tips, you can help to prevent the infection from spreading and becoming more severe.

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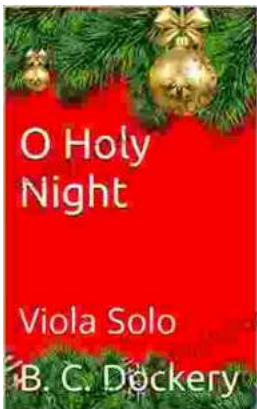


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