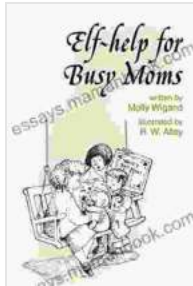


# Elf Help for Busy Moms: Molly Wigand's Essential Guide to Creating a Magical Christmas with Less Stress and More Joy



## Elf-help for Busy Moms by Molly Wigand

★★★★☆ 4 out of 5

Language	: English
File size	: 10154 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 1 pages
Lending	: Enabled



As the holidays approach, many parents find themselves overwhelmed with the task of creating a magical Christmas experience for their families. Between shopping, decorating, baking, and entertaining, it's easy to feel like the holiday season is more stressful than it is enjoyable.

In her book *Elf Help for Busy Moms*, Molly Wigand offers a lifeline to parents who are looking for ways to reduce stress and maximize joy during the Christmas season. Wigand, a mother of four and a former school teacher, shares her time-saving techniques, Elf on the Shelf ideas, and tips for handling the holiday season with young children.

## Time-Saving Techniques

One of the most valuable aspects of Elf Help for Busy Moms is Wigand's focus on time-saving techniques. She understands that busy parents don't have hours to spend on elaborate Christmas preparations. Instead, she offers practical tips that can save parents time and energy without sacrificing the magic of the season.

For example, Wigand suggests using artificial trees instead of real ones. While real trees may be more traditional, they require more care and maintenance. Artificial trees, on the other hand, can be set up in minutes and don't need to be watered or fertilized.

Another time-saving tip from Wigand is to do your shopping online. This can save you hours of time that you would otherwise spend driving to stores and waiting in lines. Plus, you can often find better deals online than you can in stores.

### **Elf on the Shelf Ideas**

The Elf on the Shelf is a popular Christmas tradition that has become increasingly popular in recent years. However, coming up with new and creative Elf on the Shelf ideas can be a challenge for busy parents.

In Elf Help for Busy Moms, Wigand provides dozens of Elf on the Shelf ideas that are easy to set up and require minimal effort. For example, she suggests having your Elf help with the Christmas baking or decorate the tree. You can also have your Elf play games with your children or read them stories.

Wigand also encourages parents to get their children involved in the Elf on the Shelf tradition. This can help to create lasting memories and make the

holiday season even more special.

## **Tips for Handling the Holiday Season with Young Children**

The holiday season can be especially challenging for parents with young children. Children are often excited and energetic, but they can also be easily overwhelmed by the hustle and bustle of the season.

In *Elf Help for Busy Moms*, Wigand offers tips for handling the holiday season with young children. She suggests setting limits on how much time your children spend with Santa Claus and other holiday characters. She also recommends creating a quiet space where your children can retreat if they need to calm down.

Wigand also emphasizes the importance of spending quality time with your children during the holiday season. This can help to create lasting memories and make the season more meaningful for everyone.

*Elf Help for Busy Moms* is an essential guide for parents who are looking for ways to create a magical Christmas experience with less stress and more joy. Molly Wigand's time-saving techniques, Elf on the Shelf ideas, and tips for handling the holiday season with young children are invaluable resources for busy parents.

If you're looking for a way to make the Christmas season more enjoyable for yourself and your family, I highly recommend reading *Elf Help for Busy Moms*.

**Elf-help for Busy Moms** by Molly Wigand

★★★★☆ 4 out of 5

Language : English



File size	: 10154 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 1 pages
Lending	: Enabled

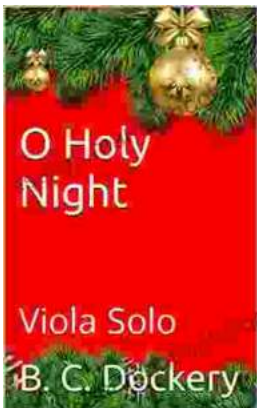
FREE

DOWNLOAD E-BOOK



## Black Widow 2024: A Comprehensive Guide to Kelly Thompson's Vision

In 2024, Marvel Comics will release Black Widow, a new ongoing series written by Kelly Thompson. Thompson is a critically acclaimed writer who has...



## Holy Night Viola Solo: A Haunting and Ethereal Performance

The Holy Night viola solo is a hauntingly beautiful and ethereal performance that captures the essence of the Christmas season. Performed by...