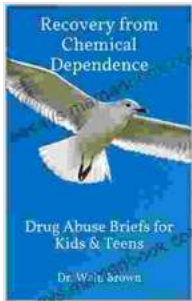


# Drug Abuse Briefs for Kids and Teens: Understanding Addiction and Preventing Drug Use



## Recovery from Chemical Dependence: Drug Abuse Briefs for Kids & Teens (Drug Addiction & Drug Prevention Book 2) by JOE

★★★★★ 5 out of 5

Language	: English
File size	: 1085 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Print length	: 6 pages
Lending	: Enabled



## What is Drug Abuse?

Drug abuse is the use of illegal drugs or the misuse of prescription drugs. It can lead to addiction, which is a chronic disease that affects the brain and behavior. People who are addicted to drugs often have difficulty controlling their drug use, and they may continue to use drugs even when they know it is causing them harm.

## Why Do Kids and Teens Abuse Drugs?

There are many reasons why kids and teens might abuse drugs. Some of the most common reasons include:

- To feel good
- To escape from problems
- To fit in with peers
- To relieve stress
- To self-medicate for mental health problems

### **What Are the Signs of Drug Abuse?**

The signs of drug abuse can vary depending on the drug being used. However, some common signs include:

- Changes in behavior, such as becoming more withdrawn or aggressive
- Changes in appearance, such as weight loss or gain
- Problems at school or work
- Relationship problems
- Financial problems
- Legal problems

### **What Are the Risks of Drug Abuse?**

Drug abuse can have serious consequences for kids and teens. These consequences can include:

- Addiction
- Overdose
- Injury

- Death
- Mental health problems
- Social problems
- Financial problems
- Legal problems

## **How Can I Prevent Drug Abuse?**

There are many things that kids and teens can do to prevent drug abuse. These things include:

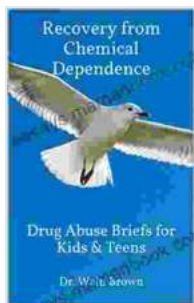
- Talking to your parents, teachers, or other trusted adults about drugs
- Learning about the risks of drug abuse
- Setting clear boundaries and expectations about drug use
- Encouraging healthy activities and interests
- Providing support and guidance to kids and teens who are struggling

## **How Can I Get Help for Drug Abuse?**

If you are struggling with drug abuse, there is help available. Talk to your doctor, a trusted adult, or call a helpline. There are many resources available to help you get the treatment you need.

Drug abuse is a serious problem that can have devastating consequences for kids and teens. However, there are many things that kids and teens can do to prevent drug abuse and get help if they are struggling. By talking about drugs, learning about the risks, and setting clear boundaries, we can

help our kids and teens make healthy choices and avoid the dangers of drug abuse.



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